



# EBCC Gym Schedule

## March 13th-20th

3/7/2016

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	<b>Open Gym</b>		<b>Open Gym</b>				
6:00am	<b>Sport Conditioning</b> 6:00-6:45		<b>Sport Conditioning</b> 6:00-6:45				
6:30am		<b>Open Gym</b> 5:30-8:30		<b>Open Gym</b> 5:30-8:30	<b>Open Gym</b> 5:30-9:00		
7:00am	<b>Bootcamp</b> 7:00-8:00		<b>Bootcamp</b> 7:00-8:00			<b>Open Gym</b>	
7:30am						<b>Drop-in Carve</b> 8:00-9:00	
8:00am	<b>Open Gym</b> 8:00-9:00		<b>Open Gym</b> 8:00-9:00			<b>Drop-in Carve</b> 9:00-10:00	
8:30am		<b>Drop-in Boulder Lift</b> 8:30-9:30		<b>Drop-in Boulder Lift</b> 8:30-9:30	<b>Drop-in Total Body Fit</b> 9:00-10:00		
9:00am	<b>Drop-in Boulder Lift</b> 9:00-10:00		<b>Drop-in Boulder Lift</b> 9:00-10:00				
9:30am							
10:00am	<b>Open Gym</b> 10:00-11:00				<b>EXPAND Friday Fun</b> 10:00-11:30	<b>Camp</b> 10:00-12:30	
10:30am		<b>Quad Rugby</b> 10:30-1:30	<b>Open Gym</b> 10:00-12:30				<b>Open Gym</b> 8:30-2:00
11:00am	<b>Drop-in Pickleball</b> 11:00-1:00				<b>Drop-in Pickleball</b> 11:30-1:15		
11:30am							
12:00pm					<b>Drop-in Snr Vball</b> 1:30-3:30		
12:30pm					<b>Open Gym</b> 1:30-3:30		
1:00pm				<b>Open Gym</b> 9:30-5:30			
1:30pm	<b>Drop-in Snr Vball</b> 1:30-3:30		<b>Adult Volleyball</b> 12:30-4:30				
2:00pm		<b>Open Gym</b> 9:30-9:30					<b>*NEW* Drop-in Pickleball</b> 2:00-4:00
2:30pm					<b>Drop-in All Ages Bball</b> 3:30-5:00		
3:00pm							
3:30pm		<b>Drop-in All Ages Bball</b> 3:30-5:00					
4:00pm	<b>Open Gym</b> 1:00-9:30						
4:30pm							
5:00pm							
5:30pm					<b>Open Gym</b> 1:30-7:00		
6:00pm							
6:30pm	<b>Admin Class</b> 6:30-9:00		<b>Open Gym</b> 4:30-9:30	<b>Women's Volleyball League</b> 5:30-10:00			
7:00pm							
7:30pm					<b>Drop-in Co-Ed Vball</b> 7:00-9:15		
8:00pm							
8:30pm							
9:00pm							
9:30pm							



**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-441-4400 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)